Part-time Program Delivery Schedule

Therapeutic Recreation (TREC)
Ontario College Graduate Certificate
Winter 2027 intake

Graduation Requirements: 12 Program Courses, 1 Internship

Welcome to the program!

Notes for Part-time Students

This program is delivered online. Part-time students will share the online classes with full-time students. Select courses are delivered online asynchronously each semester.

At this time, we are planning the online course options semester to semester, meaning we do not have a year or two-year schedule to share.

In this document, you will find a tracking sheet you can use to track your progress in the program as well as some information that you will need to know along the way. Courses are in semesters 1 and 2 – we have listed when courses would be offered in the charts below.

Amy Lagacy, our Programming Support Assistant for this program, will connect with students prior to registration opening up each semester with information on the online courses so you can prepare for registration.

Below is a listing of the required courses in the program with pre-requisite information.

List of Required Courses		
12 Mandatory Courses		
Course Code	**Course Title**	**Hours**
Semester 1 – courses are offered in the Fall – select courses in the Summer		
TREC 1002	Assessment Processes of Recreation Therapy	42
TREC 1003	Foundations of Recreation Therapy	42
TREC 1004	Adapted Recreation for Recreation Therapy	42
TREC 1005	Recreation Therapy with Selected Populations	42
TREC 1012	Therapeutic Relationships in Recreation Therapy	42
TREC 1014	Biological Sciences in Recreation Therapy	42
Semester 2 – courses are offered in the Winter		
TREC 1007	Leisure Education	42
TREC 1008	Issues and Trends in Recreation Therapy *(pre-requisite: TREC1003)*	42
TREC 1009	Organizational Leadership: Recreation Therapy	42
TREC 1010	Facilitative Techniques in Recreation Therapy *(pre-requisite: TREC1002 and TREC1003*	42
TREC 1011	Research in Recreation Therapy *(pre-requisite: TREC1003)*	42
TREC 1015	Nature of Disabilities in Recreation Therapy	42
1 Mandatory Internship – upon completion of all courses		
TREC 1017	Internship *Pre-requisites: TREC 1002, 1003, 1004, 1005, 1009, 1014, 1007, 1008. 1010, 1011, 1012, 1015* **not available to PLAR*	**560 hrs**

Below is your personal tracking sheet

Program Tracking Sheet			
Course Code	**Course Title**	**Date**	**Grade**
Semester 1			
TREC 1002	Assessment Processes of Recreation Therapy		
TREC 1003	Foundations of Recreation Therapy		
TREC 1004	Adapted Recreation for Recreation Therapy		
TREC 1005	Recreation Therapy with Selected Populations		
TREC 1012	Therapeutic Relationships in Recreation Therapy		
TREC 1014	Biological Sciences in Recreation Therapy		
Semester 2			
TREC 1007	Leisure Education		
TREC 1008	Issues and Trends in Recreation Therapy *(pre-requisite: TREC1003)*		
TREC 1009	Organizational Leadership: Recreation Therapy		
TREC 1010	Facilitative Techniques in Recreation Therapy *(pre-requisite: TREC1002 and TREC1003*		
TREC 1011	Research in Recreation Therapy *(pre-requisite: TREC1003)*		
TREC 1015	Nature of Disabilities in Recreation Therapy		
1 Mandatory Internship – upon completion of all courses			
TREC 1017	Internship (560 hours) *Pre-requisites: TREC 1002, 1003, 1004, 1005, 1009, 1014, 1007, 1008. 1010, 1011, 1012, 1015* **not available to PLAR*		

Additional Information

- Our current plan is to offer 2 courses per semester online asynchronous. If followed, each semester a student would take 2 courses. Completion timeframe, for course completion is 2 years (6 semesters) plus 1 additional semester for the Internship.
- Internship hours require that a student pay full-time fees (for that semester only).
- To arrange details of the internship semester, students must contact the program coordinator at the beginning of their final semester of coursework.