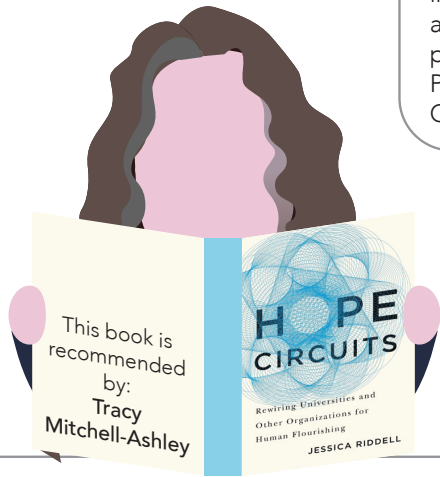


Good Reads by CTL...



"Riddell weaves neuroscience and conversational writing to talk about ways we can address challenges felt in post-secondary. She writes, "This book, ... aims to empower readers as social architects in creating renewed and rewired systems" (2023, p.25) and lists 10 tools to help - slow down and pause; surface the systems; practise divergent thinking; commit to unlearning and relearning; live in the questions; stay with the trouble; reimagine authority and expertise; take a systems-level approach; change your language, change your world; and build intentional community. I love the optimism and HOPE :)"

"This book provides ideas and insights for reconciliation education. Although it is geared towards K-12, there are relevant ideas for teachers who wish to respectfully infuse residential school history, treaty education, and Indigenous contributions in their post-secondary classrooms." Please note this book is available online on Georgian's library website.



"A beautiful discussion about kindness in teaching. Kindness to ourselves, our students (syllabus, assessment, classroom), our careers. Truly speaks to what it means to be an educator today!"



"Tiny Habits" by BJ Fogg shows how small, easily achievable changes can lead to significant and lasting improvements in behavior. I found this book particularly helpful because it provides practical strategies to build and maintain productive habits, both personally and professionally."



Heath's tagline – "the quest to solve problems before they happen" really only scratches the surface of the ingenuity of this book based on a simple idea. Upstream asks us to prioritize the proactive over the reactive and consider the immense value of "preventing problems instead of reacting to them".

"This book centers equity in the approach to trauma-informed practice and provides the first evidence-based guide to trauma-informed teaching and learning in higher education. The book also includes a substantial appendix with more than a dozen evidence-based and field-tested tools to support college educators on their trauma-informed teaching journey. You can read it for free using the Georgian Library E-copy."

